












AUGUST 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1ST FLOOR LOUNGE 1 2ND FLOOR LOUNGE 2 3RD FLOOR LOUNGE 3 Annex Room A Outside Activity O	 SOUND TRACK <small>MUSIC CLUB</small> Where Life & Music Come Together	 TRAVEL <i>yourself</i> Come watch travel videos from around the world!	 <i>Music Appreciation</i> Come join us for a musical ride into documentaries and concerts of some of your favorite musicians	1 10:00 Hand Spa 1 10:00 Snakes & Ladders 3 10:00 Sound Track Music Club 2 11:00 Garden Club/Visits 3 11:00 Stretch It Out 1 2:00 B.C. Trivia & Facts 1 3:00 Coffee Corner 1	2 AM – Decorating 10:00 Reminiscing Club 3 "Where I've Lived" 11:00 Garden Club/Visits 2 2:30 Welcome Tea Social 1 3:00 Coffee Corner 1	3 10:00 B.C. Geography 2 11:00 Muscles In Motion 1 1:30 Fifty-Two Questions 1 2:30 Coffee Corner 1 3:00 Movie Club 1	
4 GRACE CHURCH 2:00 6:30 Board Games 1	5 CIVIC HOLIDAY 10:00 Music with Werner 3  AUGUST CIVIC HOLIDAY *No Activity Staff Today*	6 10:00 St. Ann's Church 1 10:00 Hand Spa 3 11:00 Garden Club/Visits 2 11:00 Stretch It Out 1 PM – Summer Cleaning 1:30 Horse Racing 1 3:00 Coffee Corner 1 6:30 Drop-In Cards 1	7 10:00 Pastor Dave 1 10:00 Basketball 2 11:00 Garden Club/Visits 3 11:15 Care Fit 1 2:00 Camping Charades 1 3:00 Coffee Corner 1 6:30 BINGO 1	8 RECREATION APPRECIATION DAY 10:00 Sing-A-Long 2 10:00 Sound Track Music Club 3 11:00 Garden Club/Visits 2 11:00 Muscles In Motion 1 2:00 Wheel of Fortune 1 3:00 Coffee Corner 1	9 SUMMER CAMP AT BEVAN  10:00 Camping Tent Set-Up 1 10:00 Reminiscing Club 2 "The Days of Camping" 11:00 Garden Club/Visits 3 11:00 Care Fit 1 2:30 Campfire Social 3:00 Coffee Corner 1	10 NATIONAL S'MORES DAY 10:00 Snakes & Ladders 2 11:00 Stretch It Out 1 1:30 Camping Bingo 1 2:30 Coffee Corner "Featuring S'Mores Cookies" 3:00 Movie Club 1	
11 ABBOTSFORD PENTECOSTAL CHURCH 3:00 6:30 Word Bingo 1	 B I N G O	12 10:00 Music & The Arts 3 11:00 Exercises (Linda) 1 1:30 Golfing 1 3:00 Coffee Corner 1	13 10:00 Short Stories 3 10:00 Hand Spa 2 11:00 Garden Club/Visits 3 11:00 Muscles In Motion 1 12:15 Lunch Bunch (By Invite) 2:00 Travel Yourself to the Rocky Mountains 1 3:00 Coffee Corner 1 6:30 Drop-In Cards 1	14 DENTAL DAY 9:30 Dog Visits 10:00 Pastor Dave 1 11:00 Garden Club/Visits 2 2:00 Residents Council 1 3:00 Coffee Corner 1 6:30 POKENO 1	15 10:00 Beachball Soccer 3 10:00 Balloon Tennis 2 AM - Garden Club/Visits 3 2:00 Birthday Social with Nick Klassen 3:00 Coffee Corner 1	16 ELVIS PRESLEY DAY  10:00 Sing-A-Long 1 10:00 Sound Track Music Club 3 11:00 Garden Club/Visits 2 11:00 Exercises (Linda) 1 2:00 Life & Times of Elvis Presley 3:00 Coffee Corner 1	17 10:00 Table Dice Game 3 11:00 Muscles In Motion 1 1:30 Group Crosswords 1 2:30 Coffee Corner 1 3:00 Music Appreciation: Elvis' Last Concert 1
18 ARNOLD COMMUNITY CHURCH 2:15 6:30 Board Games 1	19 NATIONAL PHOTOGRAPHY DAY 10:00 Music With Werner 1 11:15 Garden Club/Visits 3 1:45 Residents Bring Your Photos And Share 1 3:00 Coffee Corner 1 *Travel Photo Gallery*	20 AM – Event Preparations 10:00 Corn Husking 1 11:30 Stretch It Out 1 11:30 Garden Club/Visits 2 2:00 Campfire Social 3:00 Coffee Corner 1 6:30 Drop-In Cards 1	21 END OF SUMMER STAFF & FAMILY BBQ (10am-2:30pm)  3:00 Coffee Corner 1 6:30 BINGO 1	22 10:00 Music & The Arts 2 10:00 Sing-A-Long 3 11:00 Garden Club/Visits 2 11:00 Muscles In Motion 1 2:00 Music Appreciation: Miles Davis In Concert 1 2:00 Hearing Aid Clinic A 3:00 Coffee Corner 1	23 PUZZLE DAY  10:00 Food Committee 1 10:00 Sound Track Music Club 2 10:00 Garden Club/Visits 3 11:00 Care Fit 1 2:00 Arts & Crafts 1 3:00 Coffee Corner 1	24 10:00 Helping Hands 2 11:00 Stretch It Out 1 1:30 Shuffleboard 1 2:30 Coffee Corner 1 3:00 Movie Club 1	
25 EMMANUEL FREE REFORM CHURCH 3:00 6:30 Word Bingo 1	 B I N G O	26 NATIONAL HERO'S DAY 10:00 Reminiscing Club 1 "Who Are Your Hero's?" 11:00 Garden Club/Visits 2 1:30 Hero's Sing-A-Long 1 3:00 Coffee Corner 1	27 AM – Decorating 10:00 Garden Club/Visits 3 11:00 Muscles In Motion 1 1:30 Bowling 1 3:00 Coffee Corner 1 6:30 Drop-In Cards 1	28 NATIONAL DOG DAY 10:00 Pastor Dave 1 10:00 Balloon Tennis 3 11:00 Garden Club/Visits 2 11:15 Meet Our St. John Ambulance Dogs 1 2:00 Horseshoes 0 3:00 Coffee Corner 1 6:30 POKENO 1	29 10:00 Helping Hands 3 10:00 Sound Track Music Club 2 11:00 Garden Club/Visits 3 11:00 Stretch It Out 1 2:00 St. Matthews Church 1 3:00 Coffee Corner 1	30 NATIONAL BEACH DAY  10:00 Beach Boys Sing-A-Long 1 10:00 Beach Sight & Sounds 3 10:00 Garden Club/Visits 2 11:00 Care Fit 1 2:00 Bocce Ball 1 3:00 Coffee Corner 1	31 PRINCES DIANA DAY 10:00 Beach Sight & Sounds 2 11:00 Muscles In Motion 1 1:30 Life Long Learning 1 2:30 Coffee Corner 1 3:00 Documentary: My Mother Diana 1