




MAY 2019

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|---|---|--|
|  <p>SOUND TRACK MUSIC CLUB</p> <p>Where Life & Music Come Together</p> |  <p>Come watch travel videos from around the world!</p> |  <p>Come join us for a musical ride into documentaries and concerts of some of your favorite musicians</p> | <p>1 GOLFING DAY</p> <p>9:30 Dog Visits 10:00 Pastor Dave 1 10:00 Mini-Putt 2 11:00 Garden Club/Visits 3 11:15 Care Fit 1 2:00 Golfing 1 3:00 Coffee Corner 1 6:30 BINGO 1</p> | <p>2</p> <p>AM – Decorating 10:00 The Dice Game 3 10:30 Dog Visits 11:00 Muscles in Motion 1 PM – Spring Cleaning 3:00 Coffee Corner 1 6:30 Memory Lane Music 1</p> | <p>3</p> <p>10:00 Pickleball 1 10:00 Sound Track Music Club 2 11:00 Friends & Mentors 3 11:00 Care Fit 1 2:00 Cinco de Mayo Fun 1 3:00 Coffee Corner 1</p> | <p>4</p> <p>10:00 Calendar Review +Trivia 1 11:00 Stretch It Out 1 1:30 Fifty-Two Questions 1 2:30 Coffee Corner 1 3:00 Movie Club 1</p> |
| <p>5 CINCO DE MAYO</p> <p>GRACE CHURCH 2:00</p> <p>6:30 Board Games 1</p> | <p>6 WORLD LAUGHTER DAY</p> <p>10:00 Music with Werner 3 11:15 Care Fit 1 1:30 Let's Laugh 1 3:00 Coffee Corner 1 6:30 Memory Lane Music 1</p> <p>*National Nurses Day*</p> | <p>7</p> <p>10:00 St. Ann's Church 1 10:00 Hand Spa 2 11:00 Garden Club/Visits 3 11:00 Muscles In Motion 1 1:30 Art's & Crafts (With Abby Middle School) 1 3:00 Coffee Corner 1 6:30 Drop-In Cards 1</p> | <p>8 DENTAL DAY</p> <p>9:30 Dog Visits 10:00 Pastor Dave 1 11:15 Garden Club/Visits 2 2:00 Flower BINGO 1 3:00 Coffee Corner 1 6:30 POKENO 1</p> | <p>9</p> <p>10:00 Abbotsford High-School Jazz Band 1 10:30 Dog Visits 11:15 Garden Club/Visits 3 11:30 Stretch It Out 1 2:00 Hand Spa 1 3:00 Coffee Corner 1 6:30 Memory Lane Music 1</p> | <p>10</p> <p>10:00 Sing-A-Long 1 10:00 Flower Arranging 3 11:00 Friends & Mentors 2 11:00 Care Fit 1 2:00 Mother's Day Tea Celebration 1 3:00 Coffee Corner 1</p> | <p>11</p> <p>10:00 Mother's Day Poems, Trivia & Facts 2 11:00 Muscles In Motion 1 2:00 His Harmony 1 3:00 Coffee Corner 1</p> |
| <p>12 MOTHER'S DAY</p> <p>ABBOTSFORD PENTECOSTAL CHURCH 3:00</p> <p>6:30 Board Games 1</p> | <p>13</p> <p>10:00 Seated Soccer 2 11:00 Care Fit 1 1:30 Reminiscing 1 3:00 Coffee Corner 1 6:30 Memory Lane Music 1</p> | <p>14</p> <p>10:00 Hand Spa 3 10:15 Salvation Army 1 11:00 Garden Club/Visits 2 11:15 Stretch It Out 1 1:30 Friends & Mentors 1 2:00 Birthday Social with Brian Zalo 1 3:00 Coffee Corner 1 6:30 Drop-In Cards 1</p> | <p>15</p> <p>9:30 Dog Visits 10:00 Pastor Dave 1 10:00 Reminiscing 2 11:00 Garden Club/Visits 3 11:15 Care Fit 1 2:00 Charades 1 3:00 Coffee Corner 1 6:30 BINGO 1</p> | <p>16</p> <p>10:00 Horseshoes 2 10:00 Sound Track Music Club 3 10:30 Dog Visits 11:00 Garden Club/Visits 2 2:00 St. Matthews Church 1 3:00 Coffee Corner 1 6:30 Memory Lane Music 1</p> | <p>17</p> <p>10:00 Life Long Learning: Queen Victoria 1 10:00 Balloon Tennis 2 11:00 Friends & Mentors 3 11:00 Care Fit 1 2:00 Horse Racing 1 3:00 Coffee Corner 1</p> | <p>18</p> <p>10:00 Sing-A-Long 3 11:00 Stretch It Out 1 1:30 Group Crosswords 1 2:30 Coffee Corner 1 3:00 Movie Club 1</p> |
| <p>19</p> <p>ARNOLD COMMUNITY CHURCH 2:15</p> <p>6:30 Board Games 1</p> | <p>20 VICTORIA DAY</p> <p>10:00 Music with Werner 1</p>  <p>*No Activity Staff Today*</p> | <p>21 WORLD MULTI-CULTURE DAY</p> <p>10:00 A World of Flavors 1 10:00 Songs From Around The World 2 11:00 Garden Club/Visits 3 11:00 Muscles In Motion 1 12:15 Lunch Bunch 1 2:00 Travel Yourself: Golden Kingdom In The Himalayas 1 3:00 Coffee Corner 1</p> <p>*Multi-Culture Photo Gallery*</p> | <p>22</p> <p>9:30 Dog Visits 10:00 Pastor Dave 1 10:00 Bean Bag Toss 3 11:00 Garden Club/Visits 2 11:15 Care Fit 1 2:00 The Dice Game 1 3:00 Coffee Corner 1 6:30 POKENO 1</p> | <p>23</p> <p>10:00 Balloon Tennis 3 10:00 Sound Track Music Club 2 10:30 Dog Visits 11:00 Garden Club/Visits 3 11:00 Stretch It Out 1 2:00 Music Appreciation: Judy Garland & Liza Minnelli 1 2:00 Hearing Aid Clinic A 3:00 Coffee Corner 1 6:30 Memory Lane Music 1</p> | <p>24</p> <p>10:00 Ladybug Landing Pre-School Visit 1 10:00 Basketball 3 11:15 Garden Club/Visits 2 11:30 Care Fit 1 2:00 Crown Point Singers 1 3:00 Coffee Corner 1</p> | <p>25</p> <p>10:00 Helping Hands 2 11:00 Muscles In Motion 1 2:00 Youth Jazz Band 1 3:00 Coffee Corner 1</p> |
| <p>26</p> <p>EMMANUEL FREE REFORM CHURCH 3:00</p> <p>6:30 Board Games 1</p> | <p>27</p> <p>10:00 Reminiscing 3 11:00 Care Fit 1 1:30 Shuffleboard 1 3:00 Coffee Corner 1 6:30 Memory Lane Music 1</p> | <p>28 PUZZLE DAY</p> <p>10:00 Canadian People's History 1 10:00 Helping Hands 3 11:00 Garden Club/Visits 2 11:00 Stretch It Out 1 1:30 Bowling (With Abby Middle School) 1 3:00 Coffee Corner 1 6:30 Valley Singers 1</p> | <p>29 SENIORS' HEALTH & FITNESS DAY</p> <p>9:30 Dog Visits 10:00 Pastor Dave 1 10:00 Would You Rather? "Food" 2 11:00 Garden Club/Visits 3 11:15 Fitness Test 1 2:00 Health & Fitness Jeopardy 1 3:00 Coffee Corner 1 6:30 BINGO 1</p> | <p>30</p> <p>10:00 Sing-A-Long 2 10:00 Seated Soccer 3 10:30 Dog Visits 11:00 Garden Club/Visits 2 11:00 Muscles In Motion 1 2:00 Word Game "Taboo" 1 3:00 Coffee Corner 1 6:30 Memory Lane Music 1</p> | <p>31</p> <p>10:00 Balloon Tennis 1 10:00 Sound Track Music Club 2 11:00 Friend's & Mentors 3 11:00 Care Fit 1 2:30 Patio Social 0 3:00 Coffee Corner 1</p> | <p>1ST FLOOR LOUNGE 1 2ND FLOOR LOUNGE 2 3RD FLOOR LOUNGE 3 Annex Room A Outside Activity O</p> |