

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2018



					1 10:00 Morning Stretch Word Search 1:00 Music with Bekky 2:45 Manicures	2 10:00 Word Games 11:00 Yoga with Anna 1:00 Musical in FL 2:30 Music with Jesse	3 2:30 Music with the Canadian Sweethearts
3:30 Music with Larry <small>Daylight Saving Time Ends</small>	4 10:15 Trivia 11:00 Yoga with Anna 1:15 Fall Wreath 3:00 Sing a long	5 10:00 Morning Stretch Word Search 1:00 Bingo-BL 3:00 Sing a long	6 10:15 Morning Stroll 1:30 Baking Cookies 3:00 Concert in the Lounge	7 10:00 Bus Ride! 1:00 Music with Bekky 3:00 Art	8 10:00 Morning Stroll 11:00 Yoga with Anna 1:00 Manicures 3:00 Hot Chocolate Social	9 2:30 Music with Steve	10 2:30 Music with the Canadian Sweethearts
10:00 Remembrance Day Service on T.V 3:30 Music with Jack <small>Veterans Day (US) Remembrance Day (Canada)</small>	11 11:00 Yoga with Anna 3:30 Music with Casey	12 10:00 Morning Stretch 1:45 Church- DR 3:00 Ice Cream Social	13 10:15 Morning Stroll 1:00 Word Games 3:00 Sing a long	14 10:00 Chair Exercise 1:00 Music with Bekky 3:00 Drawing/ Coloring	15 11:00 Yoga with Anna 1:30 Manicures/Musical in the front lounge	16 2:30 Music with the Canadian Sweethearts	17 2:30 Music with the Canadian Sweethearts
2:00 Music with Joan	18 10:00 Morning Stroll 11:00 Yoga with Anna 1:30 Movie in the FL 3:00 Sing a long	19 10:00 Chair Exercise 1:00 Bingo-BL 3:00 Ice Cream Social	20 10:15 Morning Stroll 1:00 Finish Art Project 3:00 Hand Massage	21 10:00 Morning Stroll 11:00 Trivia 1:00 Music with Bekky	22 11:00 Yoga with Anna 1:00 Afternoon Stroll 3:00 Hot Chocolate Social <small>Thanksgiving Day (US)</small>	23 2:30 Music with Eugene	24 2:30 Music with Eugene
3:30 Music with the Canadian Sweethearts	25 10:15 Trivia 11:00 Yoga with Anna 1:00 Christmas Craft 3:00 Sing a long	26 10:00 Morning Stroll 1:00 Bingo-BL 3:00 Ice Cream Social	27 10:15 Word Search 1:00 Concert on TV 3:00 Social Time	28 9:30 Trip to Sidney Nativity Exhibit 1:00 Movie in FL 3:00 Sing a long	29 11:00 Yoga with Anna 2:30 Music with Jessie 3:30 Calendar Release Party	30 BL-Back Lounge FL-Front Lounge DR-Dining Room	